



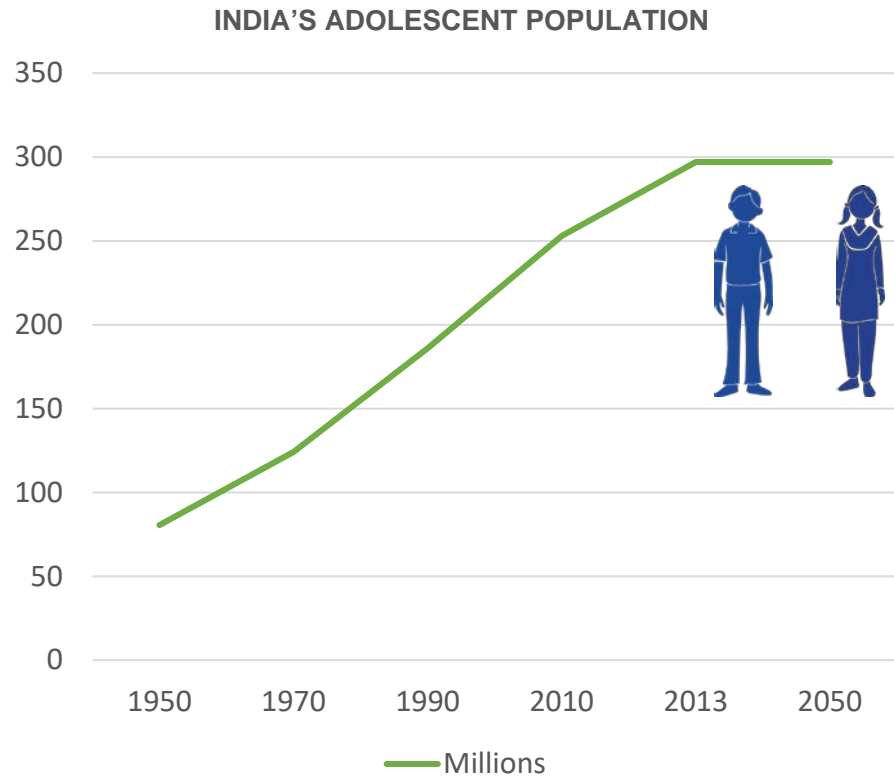
Ministry of Health & Family Welfare
Government of India



Improving accessibility and affordability of quality youth-friendly FP/RH care in India

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Adolescent Health in India



Source : NFHS 4* & 5

- Decline in early marriages and teenage pregnancies however 23.3 % girls are still married before 18 years of age and Teenage pregnancy rate is 6.8%
- NFHS 5 shows:
 - **Decline in early marriages** in 32 States out of 36 States/UTs.
 - Women aged 15-24 years who use hygienic methods of protection during their menstrual period (%) has improved in 35 out of 36 States/UTs (**77.3%**)
 - Women aged 15-19 years who were already mothers or pregnant at the time of the survey (%) has also gone down in 25 out of 36 States/UTs.
 - High unmet need (22.2%*) for contraception among married adolescents

National Adolescent Health Programme (RKSK*)



- It is a paradigm shift- curative to promotive
- Empowers the adolescents within their ecosystem to provide equitable access to quality healthcare through convergence with sectors outside of health
- A multi-component intervention targeting both determinants of health problems and their consequences covering the 6 thematic areas



Address Non-Communicable Diseases



Improve Nutrition



Enhance Mental Health



Prevent Injuries and Violence incl GBV



Improve Sexual Reproductive Health



Prevent Substance Misuse



Rashtriya Kishor Swasthya Karyakram
राष्ट्रीय किशोर स्वास्थ्य कार्यक्रम

Strategic interventions



Facility based approach

- Adolescent Friendly Health Clinics (AFHCs)
- Adolescent Health Counselors, Medical Officers and Auxillary Nurse Midwives



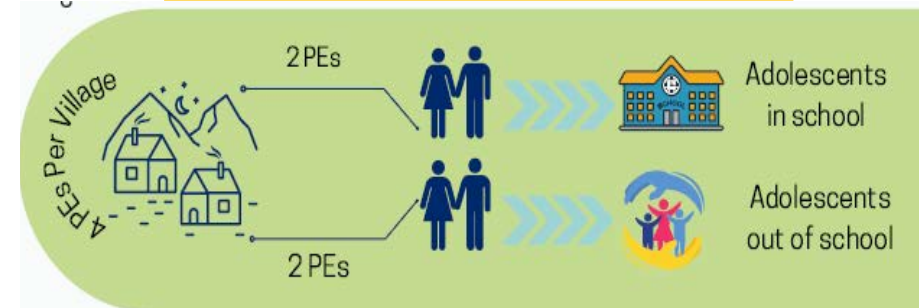
School based approach

- Menstrual Hygiene Scheme (MHS)
- Weekly Iron Folic Supplementation (WIFS) for in School beneficiaries
- Annual Health Screening for 32 conditions through Health teams
- **School Health and Wellness Programme**



Community based approach

- Peer Educator Programme
- Adolescent Health and Wellness Days
- Adolescent Friendly Clubs
- MHS and WIFS (Out of School beneficiaries)



Improving access and availability of quality youth-friendly FP/RH care

Adolescent Health and Wellness Days (AHWDs)

- **Organized every quarter** to increase awareness about adolescent health among the adolescents themselves and the various stakeholders and gatekeepers.
- Helps to provide **information on health issues and address various myths and misconceptions** around adolescence by talks/ discussions and infotainment activities like plays, skits, games, etc.



- AHWDs also help in **sensitizing youth about various health services** available for them at the nearby AFHCs and Health & Wellness Centers.

Adolescents: India's unique window of opportunity:



Thank You